



## Active Education Sussex at Pioneer Federation 2023/2024

Dear Parent/Carer,

For those of you who aren't aware of us, we are **Active Education Sussex**, our mission and ethos is to provide children with both high quality curricular and extra-curricular physical education whilst ensuring we provide a complete service that nurtures every child's physical, mental and social health using our areas of service and support to help them thrive. **We aim to educate, inspire, and empower all children through sport.**

### 2023-2024 VISION:

- To enhance all sport across the Federation.
- Enabling all children to thrive with their learning during PE.
- Giving further opportunities with high performance athlete workshops
- Increased number of tournaments with further unique sports such as archery and fencing
- Creating an all-inclusive approach to sport and performance.

### Physical Education

- We work closely with the PE Co-coordinator and all staff to effectively plan the academic sporting provision for the year.
- Ensuring the children get a balanced and dynamic range of activities based around the national curriculum.
- Over the academic year we would have provided every child with a well-rounded PE based experience allowing them to thrive with their physical development.
- We provide high quality curricular lesson plans that focus on specific learning objectives, with differentiated success criteria and activities to be inclusive for all children and target each child's specific development.
- We ensure that every PE lesson has cross curricular links and references to their termly topic to give a well-rounded and targeted approach to learning.

### Extra-Curricular Clubs

- We are determined to give children every possible opportunity to engage in sport and giving them the skills and abilities throughout their time at primary school. We offer a wide range of extracurricular clubs which are packed full of fun activities over a variety of different sports.
- Early Active Clubs are designed to give your children the best start to the day with a fun and exciting activities to get them awake and engaged ready for the day's events.
- Lunch Clubs are fast paced, engaging, social and help keep the mind and body active throughout the day. Lunch Clubs are also designed for our 'challenge yourself' activities where every club the child can try and better their personal bests.
- After School Clubs allow children to further their physical development and progress within a variety of fun and inclusive sports. **Our after school clubs will change each term with a variety of sports, over the past academic year we have delivered the following after school clubs; Cookery Club, Art and Craft Club, Football, Basketball, Netball, Cricket, Rounds, Athletics, Archery, Softball, Ultimate Frisbee, Golf, Dodgeball, Dance, Gymnastics, Badminton, Fencing, Tennis, Hockey, Volleyball, Tag Rugby, Endzone Games, Pop Darts, Table Tennis, Handball**
- Holiday Camps are a great way for children to enjoy a multitude of different sports and activities during the holiday breaks, with themed days linking to the season. We also offer specialist unique activities such as archery, inflatables and many more. The camps run at one of the local schools and not only give the opportunity for children to enjoy fun days with their friends but also allow parents to continue to work and utilise their valuable time.

### Active Mile

- The Active Mile is a measurable whole school daily initiative to increase the health, fitness and overall wellbeing of the entire school.
- Accessible and inclusive for all regardless of ability.
- Designed to give each child a sense of success and development on their own performance without the competitiveness.
- Specifically created to encourage children to lead active and healthy lifestyles.
- Certificates of increasing success as the year progresses to keep children engaged and motivated to achieve higher.
- Themed Fundraising events across the academic year to raise money for excellent projects for all to enjoy, with schools raising over £3,000 each.

### Competitions and Further Opportunities

- Our aim is to bring the federation close together through fun and engaging competitive sports across the academic year.
- Participation in a variety of sports in a fun, friendly but competitive way to represent their school in the federation.
- Each tournament will have certificates for participation, specific awards for those who have demonstrated excellence and a trophy for the winning school.
- Further opportunities to engage all children across the federation.
- Opportunities to participate with high performance athletes in a variety of sports during sports workshops.



Mr Ash Elphick  
Director