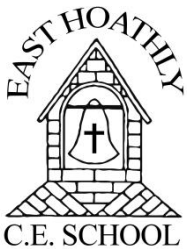
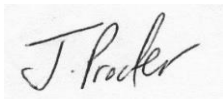




# PIONEER FEDERATION



## Federation PE Policy

Review cycle	1 / 2 / 3 years	Date: 07.09.23
Approved by		
Changes made in this review cycle	September 2021 Inclusion of personal fitness challenges.	
Linked policies		
Signed		Date:
Position		
Date of next Review	September 2025	

## **Curriculum Statement**

### **Intent**

The Pioneer Federation recognises the value of Physical Education (P.E) in all of our settings. We fully adhere to the aims of the national curriculum for physical education to ensure that all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

### **Implementation**

P.E. is taught at Pioneer Federation Schools, as an area of learning in its own right as well as integrated where possible with other curriculum areas. It is taught at a minimum of one PE session a week, and two sessions in KS2 per week wherever possible. We teach lessons so that children:

- Have fun and experience success in sport
- Have the opportunity to participate in P.E at their own level of development
- Secure and build on a range of skills
- Develop good sporting attitudes, including resilience and independence
- Understand basic rules
- Experience positive competition
- Learn in a safe environment
- Have a foundation for lifelong physical activity, leaving primary school as physically active.
- Developing an understanding of how to keep physically and mentally healthy, as part of their personal wellbeing.

### **Impact**

P.E is taught as a basis for lifelong learning, where the children have access to a wide range of activities and resources in a creative and engaging way.

A high-quality physical education curriculum inspires all children to succeed and take part in competitive sport and other physically-demanding activities. We provide opportunities for children to become physically confident in a way which supports their health and fitness. We encourage opportunities to compete in sport and other activities as these help build character and help to embed values such as fairness and respect.

### **Teaching and Learning**

Teaching styles and strategies provide opportunities for children to participate in a range of activities and evaluate their own performance. Careful planning ensures time is spent in organising and resourcing lessons and activities. Children experience a range of opportunities to work individually, in pairs or in groups over time. Our 'Every Lesson Counts' document highlights important elements of our teaching and learning values.

### **Assessment**

Assessment of PE is an ongoing process. As each lesson progresses, the teachers and coaches carefully observe and assess, intervening as necessary, to ensure that each child makes the full progress of which they are capable. Lessons are planned to ensure that lessons are fully inclusive and take account of children's differing needs and physical ability. The assessment of

PE is completed through our school assessment system in liaison with the teacher and records of the P.E sessions are kept in a class book.

### **Planning and Resources**

P.E. equipment is stored safely in the P.E. shed/ the PE cupboard which is locked and only members of staff have access. The storage area is regularly checked by the PE teachers in each school to check its tidiness and organisation. Staff, are advised to inform the subject leader of broken, damaged or lost equipment so that replacements can be ordered.

### **CPD**

All staff complete CPD audits and regularly attend sessions taught by dedicated PE coaches to observe high quality teaching practice. CPD impact sheets are completed by teachers following these sessions.

### **Primary Sports Funding**

The School work as a collaborative unit in terms of taking all decisions; this will include decisions on funding, resourcing and time tabling. Ultimately, decisions on funding will rest with the Head teacher. The 'PE and Sport Premium' is designed to help primary schools improve the quality of the PE and sport activities they offer their children. Schools receive PE and Sport Premium funding based on the number of children in Years 1 to 6. Information about the school's funding allocation and how it is spent each year is published on our schools websites annually.

### **Active Mile**

The Active Mile is an effective initiative which is designed to improve not only the children's fitness, but also their concentration levels, mood, behaviour and general wellbeing. It is 15-20 minutes when children jog or run, around a track, at their own pace, during the school day at a time of the teacher's choosing. We recommend this be during lesson time, so children have their full break / play time. The Active Mile is not Sport or PE, but rather health and wellbeing through physical activity.

It's a simple and straightforward initiative that has been acknowledged for reducing childhood obesity and recognised within the UK Government's 2018 Childhood Obesity Strategy.

Pupils in all schools across the federation have a board in the school with the classes progress to encourages them to keep pushing and developing their skills over time basis in order to ensure progress is made. This level of fitness will be assessed and maintained or improved over the coming months and years.

It's clear that, while most children will be happy to return to school and eager to see their friends and teachers after lockdown due to the Covid-19 pandemic, many will be returning with poorer physical and mental health. The Daily Mile can help schools to rebuild their children's fitness and improve their emotional and mental health - all outdoors in the fresh air.

### **Swimming**

At Pioneer federation schools we teach swimming lessons in KS2 classes predominantly, with one school teaching in Reception and KS1.

Each class has a swimming block of lessons which take place offsite at our local swimming pool with qualified swimming teachers.

## **Equal Opportunities**

As a federation we are committed to promoting equal opportunities irrespective of socio-economic background, gender, disability and ethnicity in all areas of the curriculum. We believe that children should have equal access to and participation in a range of physical education activities.

## **Inclusion**

At the school we are committed to ensuring that all children participate in PE and physical activity irrespective of any special educational need(s) or physical disability they may have. We believe that children should have equal access to and participation in a range of physical education activities in order to reach their own potential. Research has shown that children ALL participating in PE together proves better outcomes for ALL than not being inclusive.

## **Events**

The subject leaders for PE co-ordinate events across all three schools and invite pupils to attend competitive events within the local community and area. The PE subject leader will liaise with staff to ensure that a range of children are selected for events, and that we provide opportunities for all children including PPG, SEND children or Gifted and Talented children where appropriate.

## **Role of the Subject Leader**

### **Training**

- Provide support and training for staff in-house, including the planning, teaching, assessing, and evaluating of the P.E. curriculum.
- Provide up-to-date information for teachers on resources in PE and new initiatives/schemes.
- Seek further training and support from specialist teachers and coaches.
- Over the course of an academic year, ensure all teachers can observe/team teach with specialist teachers, in order to make their contribution sustainable.

### **Curriculum**

- Complete the Curriculum Map annually.
- Timetable specialist teachers and coaches (liaising with Head).
- Ensure the PE curriculum resources available to teachers are of a good standard and a quantity.
- Promote PE and Sport across the school, encouraging children's participation and celebrating both involvement and success.

### **Organisation**

- Register the school for various cluster sporting events with the support of P.E coaches.
- To report on school swimming attainment annually and record this online.
- Complete Risk Assessments for sporting events.
- Organise Sports Day(s) annually alongside the P.E. coaches.
- Report to the Curriculum leader, Head Teacher and Governors on PE.

### **Budgeting**

- To complete the 'Evidencing the Impact of the Primary PE and Sport Premium' document annually (liaising with the Head).

**Parents**

Parents are encouraged to inform our schools, if they have a certain expertise in a particular sporting area. In this instance, we can involve a parent in delivery of lessons/clubs or events. Parents are encouraged to attend Sports day to celebrate and promote physical activity, as well as support groups to travel to sporting events as support. In terms of reporting on progress, annual reports are written about each child for parents/carers and PE is listed as a foundation subject in all reports.

**Health and Safety**

Health and good safe practice is always emphasised in each environment, including the handling of equipment. Large equipment is inspected annually. Appropriate clothing is essential and children's attire is checked by teachers prior to undertaking PE activities.

**PE Kit**

Children are encouraged to wear appropriate PE clothing. Shorts/jogging bottoms, t-shirts and sensible footwear for outdoor activities are recommended. Children are encouraged and regularly reminded to bring P.E kits, to minimise the number non-participants. Children are bare-footed for gymnastics lessons, though they must bring their shoes to the lesson and leave them at the side in case of a fire emergency.

**Jewellery and Hair**

Children must not wear any kind of jewellery in PE lessons, including watches. Children with medium/long hair are reminded to tie it up securely.

**Weather**

It is encouraged that outdoor PE lessons take place in all seasons and in as many weather conditions as feasible. Classes are timetabled to have an hour in the village hall each week, so if the weather is not appropriate for outdoor PE, the PE lesson can still go ahead. Children are encouraged to wear clothing in line with the season and weather conditions, maximising access to all lessons.

**Hygiene**

Children are taught about the body changes that occur when they exercise along with recognition of the short and long term effects of exercise on the body. Aspects of hygiene are addressed in upper KS2.

**Staff dress**

It is important that staff should consider their own and their children's safety with regard to their own personal clothing, footwear and jewellery when involved in the teaching of any PE activity.